

Transition and Preschool Daily Routine

Please find below a breakdown of a typical day at Brookview Montessori Child Development Centre. As you will find we have a pretty busy day!

7:00 - 9:00: Children are greeted and will enjoy free play at centers of their choice.

9:00 - 9:30: Children are invited to breakfast.

9:30 - 10:00: Story and Circle Time - time to sing, dance and get rid of extra wiggles!

10:00 - 10:30: Learning Time - during this time the children learn about colors, shapes, letters, numbers, and crafts. This is a structured learning time, but we are flexible. Our rule is KIDS ARE KIDS only once and we want them to have as much fun as they learn. We may also go outside for walks, to the playground, bake cookies, or sing during this time.

10:30 - 10:45: Bathroom Break.

10:45 - 11:45: Outdoor Play weather permitting, or free Play - during this time the children are able to play with centers of their choice.

11:45 - 12:15: Children are invited wash hands and come to lunch.

12:15 - 12:30: Prepare children for quiet time/nap time. Bathroom break. We will read stories, and do some quiet activities to prepare for nap time.

12:30 - 2:30: Quiet time/Nap time. During this time some children are sleeping and the children who attend kindergarten and older are doing quiet activities with the stay up group. As children wake up they are taken to the bathroom and then they are permitted to read books and play special rest time activities on their mats

2:30 - 3:00: Children are invited wash their hands and have afternoon snack.

3:00 - 3:30: Story and Circle Time: dancing, singing, exercising, and can do music too! Time to act fun and act silly!

3:30 - 4:00: Learning Time. This time may be used for crafts and other theme activities.

4:00 - 5:15: Outdoor play weather permitting. Free play - during this time we start wrapping up the day with quiet activities. We also use this time to speak with parents about the fun day.

5:15 - 5:40: Getting ready to go home. During this time we clean up the carpet area and have fun with tabletop activities and books.

