

Toddlers Daily Routine

13 months - 3 years

Please find below a breakdown of a typical day at Brookview Montessori Child Development Centre. As you will find we have a pretty enjoyable day!

7:00 - 8:45: Children are greeted and will enjoy free play at centers of their choice.

8:45 - 9:00: Bathroom break.

9:00 - 9:30: Children are invited to breakfast.

9:30 - 10:00 Circle/Story Time - time to sing, dance and get rid of any wiggles!

10:00 - 10:20: Bathroom Break - during this time the staff will get the children ready to go outside weather permitting, or this time will be used to introduce crafts. The children who do not wish to participate during this time are free to play with what they choose.

10:20 - 11:00: Outdoor play weather permitting or free play, sand, water, etc.

11:00 - 11:15: Children and staff clean up toys and wash their hands for lunch.

11:15 - 11:45: Children are invited to lunch

11:45 - 12:00: Bathroom Break.

12:00 - 12:30: Prepare children for nap time. We will read stories, and do some quiet activities to prepare for nap time.

12:30 - 2:30: Nap time. As children wake up they are taken to the bathroom and then they may snuggle and read books with a teacher or play quietly with table top toys. The staff also use this time as the children wake up to do a special craft

2:30 - 3:00: Children are invited to afternoon snack.

3:00 - 3:30: Music time - dancing, singing, exercising, and musical instruments. Time to act fun and act silly!

3:30 - 4:15: Outdoor Play weather permitting or Free play, sand, water etc. The staff may also do a craft or activity during this time.

4:15 - 4:30: Bathroom break

4:30 - 5:15: Free play - children play at centers of their choice or go outside.

5:15 - 5:30: children may be grouped with the 3, 4, and 5 year olds for quiet play in preparing to go home.

Revised January 30, 2013

